

Athlete of the Week Riley Zoch - Men's Cross Country9/24/2013

Concordia University Texas men's cross country runner Riley Zoch has been selected as the Taco Bell Athlete of the Week.

The sophomore also was named the American Southwest Conference Men's Cross Country Runner of the Week on Monday for the second time this season.

Zoch helped the Tornados to a fourth-place finish at last Friday's UTSA Ricardo Romo Classic. The Giddings, Texas, native finished 16th among non-Division I runners with a personal-best 5,000 meter time of 17:55.0. It marked the second consecutive race that Zoch had led Concordia Texas across the finish line.

Accessed September 25, 2013 at http://athletics.concordia.edu/awards.aspx?aow=145

Bio

Riley Zoch Height: 5-8

Class: Sophomore

Hometown: Giddings, Texas High School: Giddings HS

Freshman (2012)

Among the team's top five runners ... placed 14th overall and fourth on the team in collegiate debut by navigating a 4-mile circuit at the Hardin-Simmons Invitational (Sept. 1) in 23:55 ... Finished 35th in the field and third on the squad in 17:55.90, which was a collegiate best on a 5,000-meter course, at the UTSA Ricardo Romo Classic (Sept. 14) ... helped Concordia Texas win a dual meet against Southwestern (Sept. 22) by placing eighth overall and fifth on the squad after completing the 4-mile course in 24:06.72 ... raced on an 8k course for the first time at the Incarnate Word Invitational (Oct. 6), finishing 63rd in the field and fourth on the team in 30:08 ... placed 20th overall and third on the team at the Concordia Invitational (Oct. 13) ... Posted a personal-best 8k mark of 29:17.10 at the American Southwest Conference Championships (Oct. 27) to finish 36th in the field and fourth on the squad.

High School

Two-year letter winner in cross country at Giddings High School ... had a personal-best time of 17:38 on

a 5,000-meter course ... competed on the track & field team for three years ... regional qualifier in the 1,600 and 3,200 with personal-best times of 4:51 and 10:41, respectively ... also played golf for a year ... ranked 16th in class of 140 students, graduating with a 3.81 cumulative GPA ... member of the Beta, Leo and Art clubs.

Personal

Son of Rodney and Susan Zoch ... has one brother, Dylan, and two sisters, Raegan and Ranae ... member of the Tornados men's track & field team as a middle distance runner ... majoring in education.

Personal bests at Concordia

5,000m: 17:55.9, UTSA Ricardo Romo Classic (Sept. 14, 2012)

8,000m: 29:17.1, American Southwest Conference Championships (Oct. 27, 2012)

Accessed September 25, 2013 at http://athletics.concordia.edu/roster.aspx?rp_id=2643